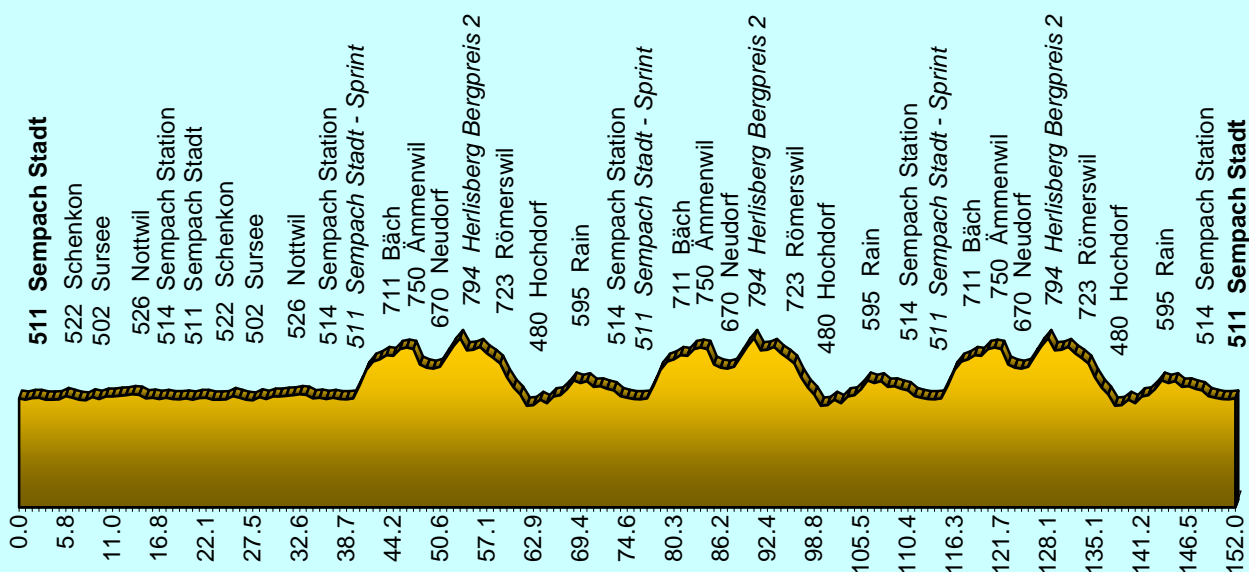


GP Tell 2004

Etappe 1 - Sempach - Sempach - 152.0 km









Marschtabelle Etappe 1 Sempach - Sempach Donnerstag, 26. August 2004

| | | | | | | |
|----------------|---|------|---|------|----------------------|-------------|
| Höhendifferenz | ^ | 1796 | v | 1796 | Gesamtzeit | 03:45:00 |
| | | | | | Stundenmittel | 40,5 |

| | | | | | | |
|--|--|--|--|--|--|--|
| | | | | Tabelle bearbeitet 20.06.2004/hen | | |
|--|--|--|--|--|--|--|

| | m | km | km | | Ort | Hinweis / Richtung |
|--|-----|-----|------|-------|----------------------|--|
| | ü M | | | | Sempach Stadt | Start |
| | | 511 | 0.0 | 152.0 | 12:30 | |
| | | 514 | 2.5 | 149.5 | 12:33 | Eich |
| | | 522 | 5.8 | 146.2 | 12:37 | Schenkön, Verzw. Sempachstrasse links |
| | | 502 | 7.9 | 144.1 | 12:40 | Sursee, Münsterplatz links |
| | | 509 | 9.5 | 142.5 | 12:42 | Oberkirch |
| | | 520 | 10.0 | 142.0 | 12:43 | Oberkirch, Verzw. Länggass links |
| | | 526 | 12.4 | 139.6 | 12:46 | Nottwil |
| | | 509 | 16.8 | 135.2 | 12:51 | Unterwalden, Abzw. Seestrasse links |
| | | 514 | 17.4 | 134.6 | 12:52 | Sempach Station links |
| | | 508 | 18.5 | 133.5 | 12:54 | Sempach Tafel Ortsbeginn |
| | | 511 | 19.6 | 132.4 | 12:55 | Sempach Stadt |
| | | 514 | 22.1 | 129.9 | 12:58 | Eich |
| | | 522 | 25.4 | 126.6 | 13:03 | Schenkön, Verzw. Sempachstrasse links |
| | | 502 | 27.5 | 124.5 | 13:05 | Sursee, Münsterplatz links |
| | | 509 | 29.1 | 122.9 | 13:07 | Oberkirch |
| | | 520 | 29.6 | 122.4 | 13:08 | Oberkirch, Verzw. Länggass links |
| | | 526 | 32.0 | 120.0 | 13:11 | Nottwil |
| | | 509 | 36.4 | 115.6 | 13:17 | Unterwalden, Abzw. Seestrasse links |
| | | 514 | 37.0 | 115.0 | 13:18 | Sempach Station links |
| | | 508 | 38.1 | 113.9 | 13:19 | Sempach Tafel Ortsbeginn |
| | | 511 | 39.2 | 112.8 | 13:21 | Sempach Stadt |
| | | 573 | 40.2 | 111.8 | 13:23 | Kirchbühl |
| | | 695 | 42.7 | 109.3 | 13:30 | Vogelsang |
| | | 711 | 44.2 | 107.8 | 13:33 | Bäch, Verzw. Neudorf rechts |
| | | 750 | 45.8 | 106.2 | 13:36 | Ämmenwil |
| | | 670 | 85.2 | 66.8 | 14:38 | Neudorf, Einmündung in Hauptstr. links |
| | | 660 | 50.6 | 101.4 | 13:42 | Beromünster, Verzw. Herlisberg rechts <i>Verpflegung</i> |
| | | 708 | 51.7 | 100.3 | 13:44 | Wittwil |
| | | 794 | 52.9 | 99.1 | 13:47 | Erlosenwald Herlisberg Bergpreis. Kat 2 |
| | | 737 | 53.8 | 98.2 | 13:48 | Herlisberg |
| | | 723 | 57.1 | 94.9 | 13:52 | Römerswil |
| | | 675 | 58.9 | 93.1 | 13:54 | Traselingen Ri Hochdorf links |

| Marschtabelle Etappe 1 Sempach - Sempach | | | | | Donnerstag, 26. August 2004 | | |
|---|---|---|---|--------------|----------------------------------|---------------------------|----------------|
| Höhendifferenz | | Λ | | 1796 | Gesamtzeit | | 03:45:00 |
| | | v | | 1796 | Stundenmittel | | 40,5 |
| | | | | | Tabelle bearbeitet | | 20.06.2004/hen |
|  |  |  |  | | | | |
| | ü M | km | km | | Ort | Hinweis / Richtung | |
| | 480 | 62.9 | 89.1 | 13:58 | Hochdorf, Verz. Ri Urswil | rechts | |
| | 489 | 64.9 | 87.1 | 14:02 | Urswil | geradeaus | |
| | 526 | 67.0 | 85.0 | 14:05 | Sagen, Ri Rain | rechts | |
| | 595 | 68.9 | 83.1 | 14:09 | Rain | | |
| | 592 | 70.0 | 82.0 | 14:11 | Rain, Verz. Sandblatten | geradeaus | |
| | 568 | 71.3 | 80.7 | 14:12 | Mettenwil, Ri Sempach Station | links | |
| | 549 | 72.8 | 79.2 | 14:14 | Gritzenmoos | rechts | |
| | 514 | 74.6 | 77.4 | 14:16 | Sempach-Station, Einmündung | rechts | |
| | 508 | 75.7 | 76.3 | 14:17 | Sempach Tafel Ortsbeginn | | |
| | 511 | 76.8 | 75.2 | 14:19 | Sempach Stadt | 3. Ziel-DF Sprint | |
| | 573 | 77.8 | 74.2 | 14:21 | Kirchbühl | | |
| | 695 | 80.3 | 71.7 | 14:28 | Vogelsang | | |
| | 711 | 81.8 | 70.2 | 14:31 | Bäch, Verz. Neudorf | rechts | |
| | 750 | 83.4 | 68.6 | 14:34 | Ämmenwil | | |
| | 670 | 85.2 | 66.8 | 14:36 | Neudorf, Einmündung in Hauptstr. | links | |
|  | 660 | 88.2 | 63.8 | 14:40 | Beromünster, Verz. Herlisberg | rechts <i>Verpflegung</i> | |
| | 708 | 89.3 | 62.7 | 14:42 | Wittwil | | |
| | 794 | 90.5 | 61.5 | 14:45 | Erlosenwald Herlisberg | Bergpreis. Kat 2 | |
| | 737 | 91.4 | 60.6 | 14:46 | Herlisberg | | |
| | 723 | 94.7 | 57.3 | 14:50 | Römerswil | | |
| | 675 | 96.5 | 55.5 | 14:52 | Traselingen Ri Hochdorf | links | |
| | 480 | 100.5 | 51.5 | 14:56 | Hochdorf, Verz. Ri Urswil | rechts | |
| | 489 | 102.5 | 49.5 | 15:00 | Urswil | geradeaus | |
| | 526 | 104.6 | 47.4 | 15:03 | Sagen, Ri Rain | rechts | |
| | 595 | 106.5 | 45.5 | 15:07 | Rain | | |
| | 592 | 107.6 | 44.4 | 15:09 | Rain, Verz. Sandblatten | geradeaus | |
| | 568 | 108.9 | 43.1 | 15:10 | Mettenwil, Ri Sempach Station | links | |
| | 549 | 110.4 | 41.6 | 15:12 | Gritzenmoos | rechts | |
| | 514 | 112.2 | 39.8 | 15:14 | Sempach-Station, Einmündung | rechts | |
| | 508 | 113.3 | 38.7 | 15:15 | Sempach Tafel Ortsbeginn | | |
| | 511 | 114.4 | 37.6 | 15:17 | Sempach Stadt | 4. Ziel-DF Sprint | |
| | 573 | 115.4 | 36.6 | 15:19 | Kirchbühl | | |
| | 695 | 117.9 | 34.1 | 15:26 | Vogelsang | | |
| | 711 | 119.4 | 32.6 | 15:29 | Bäch, Verz. Neudorf | rechts | |
| | 750 | 121.0 | 31.0 | 15:32 | Ämmenwil | | |
| | 670 | 122.8 | 29.2 | 15:34 | Neudorf, Einmündung in Hauptstr. | links | |
|  | 660 | 125.8 | 26.2 | 15:38 | Beromünster, Verz. Herlisberg | rechts <i>Verpflegung</i> | |
| | 708 | 126.9 | 25.1 | 15:40 | Wittwil | | |
| | 794 | 128.1 | 23.9 | 15:43 | Erlosenwald Herlisberg | Bergpreis. Kat 2 | |
| | 737 | 129.0 | 23.0 | 15:44 | Herlisberg | | |
| | 723 | 132.3 | 19.7 | 15:48 | Römerswil | | |
| | 675 | 134.1 | 17.9 | 15:50 | Traselingen Ri Hochdorf | links | |
| | 480 | 138.1 | 13.9 | 15:54 | Hochdorf, Verz. Ri Urswil | rechts | |
| | 489 | 140.1 | 11.9 | 15:58 | Urswil | geradeaus | |
| | 526 | 142.2 | 9.8 | 16:01 | Sagen, Ri Rain | rechts | |
| | 595 | 144.1 | 7.9 | 16:05 | Rain | | |
| | 592 | 145.2 | 6.8 | 16:07 | Rain, Verz. Sandblatten | geradeaus | |
| | 568 | 146.5 | 5.5 | 16:08 | Mettenwil, Ri Sempach Station | links | |
| | 549 | 148.0 | 4.0 | 16:10 | Gritzenmoos | rechts | |
| | 514 | 149.8 | 2.2 | 16:12 | Sempach-Station, Einmündung | rechts | |
| | 511 | 152.0 | 0.0 | 16:15 | Sempach Stadt | Ziel | |